

RSVP Volunteer Update

July 2005

**Retired and Senior Volunteer Program of the Virginia Peninsula, Inc.
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DON'T FORGET: The intergenerational Hawaiian Luau and Craft Fair (see insert). There is still time to get a table from RSVP-VP to sell crafts. RSVP volunteers pay only \$10. Kids can try out the new Community Center playground as well as other activities. Midtown is at the corner of Jefferson Ave. and McLawhorne Drive.

URGENT NEED: The Peninsula Agency on Aging needs persons to deliver Meals on Wheels on Mondays in the Denbigh area of Newport News. This is an easy 1 – 1 ½ hour task providing usually the only hot meal (and sometimes the only full meal) of the day for homebound persons. This helps people to remain in their homes. Volunteers do not need to be 55 and need only schedule as many Mondays as possible. Please let your acquaintances know. Anyone interested can call PAA Volunteer Coordinator Lorene Alba at 246-1907.

PRESCRIPTION ASSISTANCE: Persons without prescription insurance may be able to get low cost or free prescriptions through the Partnership for Prescription Assistance. Call 1-888-477-2669 or visit www.pparx.org.

CHECK IT OUT: Agency on Aging staff Janet Millard now writes a bi-weekly column for the Daily Press on senior citizen issues entitled “Full Circle.” It will appear on Thursdays and will have lots of good information.

NEW STATIONS: Welcome the Peninsula Christian Free Clinic (needing receptionists, clerical, provide information to clients, work with website and assist with volunteer coordination) and Governor’s Inn Assisted Living (needing volunteers to visit and interact with residents) as new stations.

CONGRATULATIONS: Ellen A. Stewart is Hampton History Museum’s Volunteer of the Year and she was recognized by the Hampton Roads Convention and Visitor Bureau for assisting the new Hampton Convention Center’s gala opening. Dot Tolbert received a national Hall of Fame award from the Verizon Telephone Pioneers of America. The Peninsula Agency on Aging is receiving \$15,000 for additional Adult Day Care services in the Greater Williamsburg area.

RSVP-VP
12388 Warwick Blvd.,S.201
Newport News, VA 23606

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THANKS: Delegate Melanie Rapp has left the RSVP-VP Board. We thank her for her interest and participation. She is a friend.

DO WE HAVE YOUR HOURS? Invitations to our August 17 Outstanding Service Recognition will go out in a couple of weeks. If you think you worked 400 hours this last year, check with your volunteer station to make sure it has reported your hours to us.

WE STILL NEED: E-mail addresses. This is a great way to get you more timely information. We e-mail you through our website, so your address is VERY secure.
Recipes. We only have 33 so far. Won't you share a tasty recipe with others and any personal story that goes with it? It does not have to be original. Here is a recipe from volunteer station Seton Manner to whet your appetite.

ELEPHANT STEW

INGREDIENTS: 1 elephant, brown gravy, salt & pepper, 2 rabbits (optional).

PREPARATION: Cut elephant into small, bite-size pieces. Add enough gravy to cover and season with salt and pepper. Cook over kerosene fire for about 4 weeks at 465 degrees. Will serve about 3,800 people. If more are expected, 2 rabbits may be added (but only if necessary since many people do not like to find a hare in their stew).